



Vegetarian Recipe

Healthier “Beefy” Quinoa Nachos

Ingredients:

- 2 oz. black bean tortilla chips
- ½ cup “Beyond Meat” Beefy Crumble
- ¼ cup low-sodium canned black beans, drained and rinsed
- ¼ cup canned corn, drained and rinsed
- ½ cup cooked quinoa
- 2-3 TBSP salsa
- 2-3 TBSP avocado
- Paprika, to taste
- Onion powder, to taste
- Garlic powder, to taste
- Oregano, to taste
- Cumin, to taste
- Chili powder, to taste
- Pepper, to taste



Directions:

1. Cook quinoa according to package directions. For added flavor, cook in low-sodium vegetable broth.
2. Assemble tortilla chips onto two plates (or one plate and one Tupperware for meal prep).
3. Heat beefy crumbles according to package directions and add to tortilla chips. Season with seasonings to taste.
4. Top with all other ingredients.
5. Enjoy!

Serves: 2

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